

# Upscaling your insulation

## Why upscale insulation

The region is known for its cold winters and warm to hot summers. Upgrading to higher rating insulation will save you money and make your home more comfortable to live in.



## Benefits



### More energy efficient.

Insulation stops heat flowing into or out of a building. Higher rating insulation reduces the amount of heat lost in winter and gained in summer. This means your heating and cooling systems work less, consuming less energy and reducing your utility bills.

The National Construction Code requires minimum insulation levels (total R value) for roofs, walls and floors, according to your home's location, climate zone and other building features. Installing insulation above minimum levels will improve comfort levels and reduce the need for air conditioning and heating, and may not cost a lot more. Levels needed vary so it's important you talk to your builder, however, generally in our region, this would mean R values of 2.5 and over in the external walls, above 4 in the ceiling, and a 1.5 roof blanket.



### Cheaper.

Better insulation might cost a little more but the long-term savings are substantial. Reduced energy consumption translates to lower energy bills so you can recoup the insulation costs over time.



### More comfortable and quieter.

Well insulated homes maintain a more consistent indoor temperature, providing a more comfortable living environment year-round. You'll enjoy a warmer home in winter and a cooler one in summer.

High-quality insulation also acts as a sound barrier. It reduces the intrusion of external noise, creating a quieter and more peaceful home environment in a noisy world.

### Ask your sales consultant or builder

Talk to your builder or sales consultant about increasing the R-value of your insulation: the higher the R-value the higher the level of insulation.

[Insulation | YourHome](#)

[Designing and Constructing your home: Mount Barker Council](#)

[My Cool Home | AdaptWest](#)